

Adult Residential Withdrawal Unit (Curran Place) to Go Tobacco Free

ReGen's Adult Residential Withdrawal Unit, Curran Place, will be tobacco free (but not nicotine free) from **Monday 9 May 2016**.

This change in policy only applies to the Adult Residential Withdrawal Services at Curran Place. ReGen's other sites will **not** be tobacco free, but the current restrictions on where staff and clients are allowed to smoke will continue, according to each site's smoking policy.

Curran Place as a whole will be a tobacco free site. Staff, clients, and visitors will be asked to put out their cigarette before entering the property (see *map on reverse*).

What this means for staff:

Intake and Assessment services will need to inform clients of this change as soon as practicable. Counsellors and workers will need to inform their client and ensure that the client understands this policy.

Staff will not be allowed to smoke on site at Curran Place.

Staff who work at Curran Place will be encouraged to go without smoking or using other tobacco products for the duration of their shift, even during unpaid breaks, to ensure harm minimisation, particularly with regards to third hand smoke.

What this means for clients:

Clients will no longer be allowed to smoke or use other tobacco products at Curran Place. The existing client smoking area will no longer be a smoking area. The grounds of Curran Place as a whole will be tobacco free. Clients attending withdrawal at Curran Place will be provided with Nicotine Replacement Therapy (NRT) in order to obtain nicotine to assist them in managing withdrawal or cravings.

We are not asking that clients quit smoking tobacco all together – whether the client decides to return to smoking after attending Curran Place is entirely up to him/her. We ask that whilst at Curran Place, clients obtain their nicotine in another way (i.e. through NRT patches, lozenges, gum, inhalers, etc.). If clients prefer to use a spray/mist, they will need to arrange their own supply. The use of eCigarettes will not be permitted.

When clients request to be admitted into residential withdrawal services at Curran Place, they will be advised by Intake services and workers that during their withdrawal they will not be allowed to smoke. If the client brings tobacco products in upon admission, we will store them safely along with their other personal belongings. There is no need for the client to bring their own NRT as ReGen will supply this to clients.

If a client is interested in talking to their GP about NRT or smoking cessation prior to admission, they should be encouraged to do so.

What this means for visitors:

Visitors to Curran Place will be asked to put their cigarettes out off site (see *map*). Bringing tobacco products in to leave with clients is not allowed.

Resources for Staff and Clients:

Quitline – 13 7848

QUIT – <http://www.quit.org.au/>

QUIT Online Training (free) – <http://www.quit.org.au/learning-hub/>

Smoking Policy – Available soon

If you have any questions about this policy please contact the North & West
Metro AOD Service Intake on: **1800 700 514** (freecall)

Curran Place – Map of Tobacco Free Site



The entire Curran Place site (outlined in orange) will be tobacco free.
No cigarettes or other tobacco products are to be used within
these boundaries on the grounds of Curran Place.