



ReGenTM

INSPIRING ALCOHOL
& OTHER DRUGS
TREATMENT & EDUCATION

Outline

of services

UnitingCare ReGen
Formerly UnitingCare Moreland Hall

 **UnitingCare**

About ReGen

Our purpose is to promote health and reduce alcohol and other drugs (AOD)-related harm.

We recognise that AOD use may not be the only issue that our clients are dealing with and we provide individualised treatment, education and support to enhance their lives and reduce harm. In combination with our workforce training and public advocacy, we support social justice and sustainable change at an individual, community and systemic level.

ReGen is the lead alcohol and other drugs (AOD) treatment and education agency of UnitingCare Victoria and Tasmania. In June 2012 we changed our name from UnitingCare Moreland Hall to UnitingCare ReGen (ReGen) to give people a better idea of who we are, what we do and how we work.

All our treatment and support services are free. There are fees for some of our training and educational group programs. Interpreters can be arranged through speaking with a triage worker.

Outline of ReGen's Services




Below is a summary of ReGen's current treatment and support programs (Victoria wide unless indicated), education and training services and advocacy initiatives.

Service type	ReGen Programs	Contact Details
<p><u>Assessment and Intake</u></p>	<p>ReGen's Triage service is the first point of contact for clients, families and workers for all enquiries about our treatment programs. Triage staff can conduct initial screening, refer clients to an appropriate service and follow up on referrals. Interpreters can be arranged through speaking with a triage worker.</p> <p>ReGen's experienced clinicians undertake comprehensive psycho-social assessments for people accessing withdrawal and/or counselling services.</p>	<p>Call ReGen's Triage team (9am – 3pm Mon – Fri) for more information or to book an appointment on 03 9386 2876 or email triage@regen.org.au</p>
<p><u>Withdrawal</u></p>	<p>ReGen provide a range of withdrawal services for young people and adults</p> <ul style="list-style-type: none"> - Curran Place Adult Residential Withdrawal Service – for adults who require medical and psychosocial support to safely complete AOD withdrawal and prepare for the next stage of their treatment (<i>finalist, National Drug & Alcohol Awards: Excellence in Treatment and Support</i>) and Post Withdrawal Linkage Support Worker. Victoria wide service based in Heidelberg. - Williams House Youth Residential Withdrawal – for young people aged 12-21 who require medical and psychosocial support to safely complete AOD withdrawal or for respite and prepare for the next stage of their treatment (<i>twice finalist including in 2012, National Drug & Alcohol Awards: Excellence in Services for Young People</i>). Victoria wide service based in Coburg. - Non-residential Withdrawal – for people who can undertake withdrawal safely at home, with supervision by a nominated support person and outreach support from our Non-Residential Withdrawal team of registered nurses. For residents of Moreland, Darebin, Hume, Banyule, Nillumbik & Whittlesea Local Government Areas. - Outpatient Withdrawal – for people who can safely undertake withdrawal under their own supervision, with ongoing counselling and support from our Non-Residential Withdrawal team of registered nurses. For residents of Moreland, Darebin, Hume, Banyule, Nillumbik & Whittlesea Local Government Areas. 	<p>Call ReGen's Triage team (9am – 3pm Mon – Fri) for more information or to book an assessment appointment on 03 9386 2876 or email triage@regen.org.au</p>

<p><u>Counselling & Support</u></p>	<p>ReGen provide a wide variety of specialist treatment programs for individuals and families:</p> <ul style="list-style-type: none"> - Youth AOD Counselling for residents of Moreland, Darebin & Hume Local Government Areas - Adult AOD Counselling for residents of Moreland, Darebin & Hume Local Government Areas - Family Counselling for individuals and families affected by AOD use - Financial Counselling for people participating in AOD treatment with ReGen - Intensive Playgroup for families with children up to 5 years old (<i>finalist, National Drug & Alcohol Awards: Early Years Awards: Improvements in parent's capacity, confidence and enjoyment of family life</i>) - Hume Youth & Families Drug Services (HYP-d) individual and family counselling in the City of Hume - Intensive Support Service for people with more complex support needs (<i>finalist, National Drug & Alcohol Awards: Excellence in Treatment and Support</i>). 	<p>Call ReGen's Triage team (9am – 3pm Mon – Fri) for more information or to book an appointment on 03 9386 2876 or email triage@regen.org.au</p> <p>You can also find more information at www.regen.org.au/treatment/counselling</p>
<p><u>Rehabilitation</u></p>	<p>Catalyst Non-Residential Alcohol Rehabilitation Program is a six-week program for people who have completed withdrawal from alcohol (<i>winner, 2011 National Drug & Alcohol Awards: Excellence in Treatment & Support</i>). Granted ongoing funding in 2012 following a three year pilot. Victoria wide service based in Coburg.</p>	<p>Call ReGen's Triage team (9am – 3pm Mon – Fri) on 03 9386 2876 or email triage@regen.org.au</p> <p>You can also find more information at www.regen.org.au/treatment/catalyst</p>
<p><u>Group Programs</u></p>	<p>ReGen provides a range of group support and therapeutic programs for individuals and families:</p> <ul style="list-style-type: none"> - Momentum – Ongoing support group for people who have completed the Catalyst program - Keeping Going – Relapse prevention group for people who have recently completed withdrawal (six weekly sessions) - Family & Friends – Monthly support group for family members - Action for Recovery Course (ARC) – Educational group for family members (six weekly sessions, <i>delivered in partnership with SHARC Family Drug Help</i>). 	<p>Call ReGen's Triage team (9am – 3pm Mon – Fri) for more information or to register for one of our groups on 03 9386 2876 or email triage@regen.org.au</p> <p>You can also find more information at www.regen.org.au/treatment/groups</p>

<p><u>Forensic Services</u></p>	<p>ReGen provides a variety of services for people with current or previous contact with the justice system.</p> <p>Community Forensic Counselling – for people living, working or studying in the local community who have presented voluntarily for AOD treatment as they have court matters pending, or people who are legally required to undergo treatment by order of the Courts, Police or Corrections Victoria. ReGen provides the following services at Port Phillip Prison:</p> <ul style="list-style-type: none"> - Youth & Adult Individual AOD Counselling - Youth & Adult Educational Group Programs - Youth & Adult Relapse Prevention Programs - Intensive Group Program. <p>Supported Accommodation – for forensic clients in AOD treatment.</p> <p>We also provide a range of AOD diversion and other court-ordered group programs:</p> <ul style="list-style-type: none"> - Drink & Drug Driver Education – educational group programs for people who have lost their driving licence due to drink or drug driving (<i>fees apply</i>). ReGen is the Victorian lead provider for Drug Drive. - Cautious with Cannabis – educational group diversion program for people who have received a police caution, or who are concerned about their (or a friend or family member's) cannabis use. ReGen is the Victorian lead provider for Cautious with Cannabis. - First Offender Court intervention Service (FOCIS) – educational group diversion program for people with first-time, non-violent, drug-related offences. ReGen is the Victorian lead provider for FOCIS. - Alcohol: Considering Change? – educational group program open to anyone concerned about their own (or another person's) drinking. 	<p>For Community Forensic Counselling or Supported Accommodation enquiries, call ReGen's Triage team 03 9386 2876 (9am – 3pm Mon – Fri) or email triage@regen.org.au</p> <p>For diversion and other court-ordered group programs call ReGen on 03 9386 2876 or email education@regen.org.au</p>
<p><u>Secondary Consultation</u></p>	<p>ReGen's experienced clinicians provide information and advice to other health and welfare agencies who work with clients experiencing AOD problems.</p>	<p>Call ReGen's Triage team (9am – 3pm Mon – Fri) to speak with our Clinical Nurse Consultant on 03 9386 2876 or email triage@regen.org.au</p>

<p><u>Service Partnerships</u></p>	<p>ReGen also work with a range of partner services that increase our capacity to provide holistic responses to individual and family needs. These services increase the capacity of our treatment services and support whole-of-life change:</p> <ul style="list-style-type: none"> - Dr Benny Monheit (Addiction Medicine Specialist) – co-located at ReGen's Coburg site (Mon/Wed/Fri) - Rose McCrohan (AOD Nurse Practitioner) – co-located at ReGen Coburg site (Thursdays) - A network of local GPs and community pharmacies that provide ongoing medical management, prescribing and dispensing of pharmacotherapy treatment - Senior Psychiatric Registrar at Williams House for youth clients (in partnership with NorthWestern Mental Health Specialist Training Program) - Hepatitis C Clinic (in partnership with the Royal Melbourne Hospital) - Dual Diagnosis consultancy (in partnership with SUMITT) - Employment services in partnership with JobCo and CVGT - Mutual Aid groups including AA & NA - Range of holistic service partners including nutrition and food preparation, yoga, fitness programs, drumming sessions and Mindful Smoking. 	<p>For more information, call ReGen on 03 9386 2876 or visit www.regen.org.au</p>
<p><u>Education & Training</u></p>	<p>ReGen is a leading provider of education and training services for the AOD, mental health, allied health and community services sectors. Our Registered Training Organisation provides nationally accredited competency training in:</p> <ul style="list-style-type: none"> - Alcohol and Other Drug Work - Mental Health Work - Dual Diagnosis. <p>We also provide a variety of professional development services in areas including:</p> <ul style="list-style-type: none"> - Dual Diagnosis practice - Advanced AOD work 	<p>For more information, call ReGen's Education & Training team on 03 9386 2876 or email education@regen.org.au</p> <p>You can also find more information at www.regen.org.au/education</p>

	<ul style="list-style-type: none"> - Working with alcohol issues - Workforce development and change management - Advanced motivational interviewing - Supporting clients on pharmacotherapies - Responding to trauma - Financial training for people with AOD and/or mental health concerns. 	
<p><u>Web, Publications & Advocacy</u></p>	<p>ReGen is committed to developing and sustaining effective online approaches to AOD treatment, education, training and advocacy. It has been funded to develop, implement and evaluate significant projects in this area including bluebelly, utilising social media to enhance access to treatment and information, and projects related to the new Broadband Enabled Innovation Program such as remote assessment</p> <p>Our website and various publications provide a wide range of information on AOD issues, media coverage and advocacy, including positioning statements.</p> <p>Our social media provide links to educational and therapeutic resources, policy discussion and professional development opportunities for workers and anyone interested in reducing the stigma associated with AOD use.</p> <p>Our Web and Publications team provide a range of consultancy services to support agencies with resource development, establishment of web-based initiatives and planning for engagement with social media.</p>	<p>AOD issues in the media www.scoop.int/t/alcohol-other-drug-issues-in-the-media</p> <p>Publications: www.regen.org.au/resources Advocacy: www.regen.org.au/advocacy ReGen in the media: www.regen.org.au/regen-in-media Latest news: www.regen.org.au/latest-news</p> <p>Follow us  @ReGenUC</p> <p>Friend on  www.facebook.com/ReGenUC</p> <p>Watch us  www.youtube.com/user/ReGenUC</p>

For any other queries, please contact:

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