



INSPIRING ALCOHOL
& OTHER DRUGS
TREATMENT & EDUCATION

Outline

of services

UnitingCare ReGen
Formerly UnitingCare Moreland Hall



About ReGen

Our purpose is to promote health and reduce alcohol and other drugs (AOD)-related harm.

We recognise that AOD use may not be the only issue that our clients are dealing with and we provide individualised treatment, education and support to enhance their lives and reduce harm. In combination with our workforce training and public advocacy, we support social justice and sustainable change at an individual, community and systemic level.

ReGen is the lead alcohol and other drugs (AOD) treatment and education agency of UnitingCare Victoria and Tasmania. In June 2012 we changed our name from UnitingCare Moreland Hall to UnitingCare ReGen (ReGen) to give people a better idea of who we are, what we do and how we work.

To deliver new AOD treatment services across Melbourne's North and West Metro Region, ReGen, Odyssey House Victoria (and a range of other local service providers) have come together as partners. Our shared delivery model is designed to improve the accessibility of AOD treatment in the region and promote consistency of treatment planning, delivery and review across all our services.

All our treatment and support services are free. There are fees for some of our training and educational group programs. Interpreters can be arranged through speaking with a triage worker.

Outline of ReGen's Services




Below is a summary of ReGen's current treatment and support programs (Victoria wide unless indicated), education and training services and advocacy initiatives.

Service type	ReGen Programs	Contact Details
Intake	<p>ReGen's Intake service is the first point of contact for clients, families and workers for all enquiries about our treatment programs. When you call our Intake team, they will talk with you to get a quick picture of what your needs are and what sort of help you're looking for. If you need one of our treatment services (other than information, advice or a single session with one of our counsellors to help get you going) we'll work with you to do a full assessment of your circumstances and develop a treatment plan that best meets your needs. Interpreters can be arranged through speaking with a Intake worker.</p>	<p>Call ReGen's Intake team (9am – 3pm Mon – Fri) for more information or to book an appointment on 1800 700 514 or email triage@regen.org.au</p>
Withdrawal	<p>ReGen provide a range of withdrawal services for young people and adults</p> <ul style="list-style-type: none"> - Curran Place Adult & Mother Baby Residential Withdrawal Service (<i>finalist, National Drug & Alcohol Awards: Excellence in Treatment and Support</i>) – for adults (including mothers with babies or infants) who require medical and psychosocial support to safely complete AOD withdrawal and prepare for the next stage of their treatment and Post Withdrawal Linkage Support Worker. Victoria wide service based in Heidelberg. - Williams House Youth Residential Withdrawal (<i>twice finalist, National Drug & Alcohol Awards: Excellence in Services for Young People</i>) – for young people aged 12-21 who require medical and psychosocial support to safely complete AOD withdrawal or for respite and prepare for the next stage of their treatment . Victoria wide service based in Coburg. - Non-residential Withdrawal – for people who can undertake withdrawal safely at home, with supervision by a nominated support person and outreach support from our Non-Residential Withdrawal team of registered nurses. - Outpatient Withdrawal – for people who can safely undertake withdrawal under their own supervision, with ongoing counselling and support from our Non-Residential Withdrawal team of registered nurses. 	<p>Call ReGen's Intake team (9am – 3pm Mon – Fri) for more information or to book an assessment appointment on 1800 700 514 or email triage@regen.org.au</p>

<p><u>Counselling</u></p>	<p>ReGen provide a wide variety of specialist treatment programs for individuals and families:</p> <ul style="list-style-type: none"> - Youth AOD Counselling for residents of Moreland, Darebin & Hume Local Government Areas - Adult AOD Counselling for residents of Moreland, Darebin & Hume Local Government Areas - Family Counselling for individuals and families affected by AOD use - Financial Counselling for people participating in AOD treatment with ReGen - Playgroup Program for families with children up to 5 years old (<i>finalist, National Drug & Alcohol Awards: Early Years Awards: Improvements in parent's capacity, confidence and enjoyment of family life</i>) - Hume Youth & Families Drug Services (HYP-d) individual and family counselling in the City of Hume - Intensive Support Service for people with more complex support needs (<i>finalist, National Drug & Alcohol Awards: Excellence in Treatment and Support</i>). 	<p>Call ReGen's Intake team (9am – 3pm Mon – Fri) for more information or to book an appointment on 1800 700 514 or email contact@regen.org.au</p> <p>You can also find more information at www.regen.org.au/treatment/counselling</p>
<p><u>Rehabilitation</u></p>	<p>ReGen provides two six-week, non-residential rehabilitation programs:</p> <ul style="list-style-type: none"> - Catalyst (<i>winner, 2011 National Drug & Alcohol Awards: Excellence in Treatment & Support</i>) for people who have completed withdrawal (Coburg & Narre Warren) - Torque (based on the Catalyst model) for people who are in contact with the justice system (Coburg) <p>Both programs are based on a core of Cognitive Behavioural Therapy, Motivational Enhancement Therapy and Mood Management, plus a range of elective content designed to develop relapse prevention skills and support sustainable change.</p>	<p>Call ReGen's Intake team (9am – 3pm Mon – Fri) on 1800 700 514 or email contact@regen.org.au</p> <p>You can also find more information at www.regen.org.au/treatment/catalyst</p> <p>http://www.regen.org.au/treatment-support/torque-rehabilitation</p>
<p><u>Support & Therapeutic Groups</u></p>	<p>ReGen provides a range of group support and therapeutic programs for individuals and families:</p> <ul style="list-style-type: none"> - Momentum – Ongoing support group for people who have completed the Catalyst program - Keeping Going – Relapse prevention group for people who have recently completed withdrawal (six weekly sessions) - Peer Support Group – Weekly group delivered by ReGen consumers for people at any stage of recovery - Family Support Groups – Monthly support groups for family members (delivered in partnership with Family Drug Help at SHARC) 	<p>For Momentum or Keeping Going enquiries, call ReGen's Intake team (9am – 3pm Mon – Fri) on 1800 700 514 or email contact@regen.org.au</p> <p>For Family Support Group or ARC enquiries, call Family Drug Help at SHARC on 03 9573 1761.</p> <p>You can also find more information at</p>

	<ul style="list-style-type: none"> - InFocus Education Program (formerly ARC) – Educational group for family members (six weekly sessions, delivered in partnership with Family Drug Help at SHARC). 	<p>www.regen.org.au/treatment-support/groups</p>
<p><u>Forensic Services</u></p>	<p>ReGen provides a variety of services for people with current or previous contact with the justice system.</p> <p>Community Forensic Counselling – for people living, working or studying in the local community who have presented voluntarily for AOD treatment as they have court matters pending, or people who are legally required to undergo treatment by order of the Courts, Police or Corrections Victoria.</p> <p>ReGen provides the following services at Port Phillip Prison:</p> <ul style="list-style-type: none"> - Youth & Adult Individual AOD Counselling - Youth & Adult Educational Group Programs - Youth & Adult Relapse Prevention Programs - Intensive Group Program. <p>Supported Accommodation – for forensic clients in AOD treatment.</p> <p>We also provide a range of AOD diversion and other court-ordered group programs:</p> <ul style="list-style-type: none"> - Drink & Drug Driver Education – educational group programs for people who have lost their driving licence due to drink or drug driving (<i>fees apply</i>). ReGen is the Victorian lead provider for Drug Drive. - Choices Drug Intervention Program – educational group for people assessed as being at low risk of reoffending. - Cautious with Cannabis – educational group diversion program for people who have received a police caution, or who are concerned about their (or a friend or family member's) cannabis use. ReGen is the Victorian lead provider for Cautious with Cannabis. - First Offender Court intervention Service (FOCiS) – educational group diversion program for people with first-time, non-violent, drug-related offences. ReGen is the Victorian lead provider for FOCiS. - Alcohol: Considering Change? – educational group program open to anyone concerned about their own (or another person's) drinking. - Methamphetamine Personal Education Program (MPEP) – a FREE 3 hour education program for 	<p>For Community Forensic Counselling or Supported Accommodation enquiries, call ReGen's Intake team 1800 700 514 (9am – 3pm Mon – Fri) or email contact@regen.org.au</p> <p>For diversion and other court-ordered group programs call ReGen's Education & Training team on 03 9386 2876 or email education@regen.org.au</p>

	people who have been placed on a diversion program or for people concerned about their methamphetamine use.	
Secondary Consultation	ReGen's experienced clinicians provide information and advice to other health and welfare agencies who work with clients experiencing AOD problems.	Call ReGen's Intake team (9am – 3pm Mon – Fri) to speak with our Clinical Nurse Consultant on 1800 700 514 or email contact@regen.org.au
Service Partnerships	<p>ReGen also work with a range of partner services that increase our capacity to provide holistic responses to individual and family needs. These services increase the capacity of our treatment services and support whole-of-life change:</p> <ul style="list-style-type: none"> - Dr Benny Monheit (Addiction Medicine Specialist) – co-located at ReGen's Coburg site (Mon/Wed/Fri) - A network of local GPs and community pharmacies that provide ongoing medical management, prescribing and dispensing of pharmacotherapy treatment - Senior Psychiatric Registrar at Williams House for youth clients (in partnership with NorthWestern Mental Health Specialist Training Program) - Hepatitis C Clinic – co-located at ReGen's Coburg site (in partnership with the Royal Melbourne Hospital) - Dual Diagnosis consultancy (in partnership with SUMITT) - Employment services in partnership with JobCo and CVGT - Mutual Aid groups including AA & NA - Range of holistic service partners including nutrition and food preparation, yoga, fitness programs, drumming sessions and Mindful Smoking. 	For more information, call ReGen on 03 9386 2876 or visit www.regen.org.au
Education & Training	<p>ReGen is a leading provider of education and training services for the AOD, mental health, allied health and community services sectors. Our Registered Training Organisation provides nationally accredited competency training in:</p> <ul style="list-style-type: none"> - Alcohol and Other Drug Work - Mental Health Work 	For more information, call ReGen's Education & Training team on 03 9386 2876 or email education@regen.org.au

	<ul style="list-style-type: none"> - Dual Diagnosis - First Aid. <p>We also provide a variety of professional development services in areas including:</p> <ul style="list-style-type: none"> - Dual Diagnosis practice & advanced AOD work - Workforce development and change management - Supporting clients on pharmacotherapies - Responding to trauma - Financial training for people with AOD and/or mental health concerns. 	<p>You can also find more information at www.regen.org.au/education</p>
<p><u>Web, Publications & Advocacy</u></p>	<p>ReGen is committed to developing and sustaining effective online approaches to AOD treatment, education, training and advocacy. It has been funded to develop, implement and evaluate significant projects in this area including bluebelly, utilising social media to enhance access to treatment and information, and projects related to the new Broadband Enabled Innovation Program such as remote assessment</p> <p>Our website and various publications provide a wide range of information on AOD issues, media coverage and advocacy, including positioning statements.</p> <p>Our social media accounts provide links to communities of support, educational and therapeutic resources, policy discussion and professional development opportunities for workers and anyone interested in reducing the stigma associated with AOD use.</p>	<p>AOD issues in the media www.scoop.int/t/alcohol-other-drug-issues-in-the-media Publications: www.regen.org.au/resources Advocacy: www.regen.org.au/advocacy ReGen in the media: www.regen.org.au/regen-in-media Latest news: www.regen.org.au/latest-news</p> <p>Follow us  @ReGenUC Like us  www.facebook.com/ReGenUC Watch us  www.youtube.com/user/ReGenUC</p>

For any other queries, please contact:

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