

## Adult Residential Withdrawal Unit (Curran Place) to Go Tobacco Free

ReGen's Adult Residential Withdrawal Unit, Curran Place, will be tobacco free (but not nicotine free) from **Monday 9 May 2016**.

While ReGen is working across all its services to reduce the harms associated with tobacco use by staff and clients, this change in policy only applies to Adult Residential Withdrawal Services at Curran Place. ReGen's other sites will **not** be tobacco free, but the current restrictions on where staff and clients are allowed to smoke will continue, according to each site's smoking policy.

Curran Place as a whole will be a tobacco free site. Staff, clients, and visitors will be asked to put out their cigarette before entering the property, including the driveway (see *map on reverse*).

### **What this means for clients undertaking residential withdrawal at Curran Place:**

- Clients will no longer be allowed to smoke or use tobacco products at Curran Place. The grounds of Curran Place as a whole will be tobacco free.
- To help people manage withdrawal symptoms or cravings for tobacco, clients will be offered free Nicotine Replacement Therapy (NRT) during their residential withdrawal stay.
- Whether a client decides to return to smoking after attending Curran Place is entirely up to him/her. We ask that whilst at Curran Place, clients obtain their nicotine in another way (i.e. through NRT patches, lozenges, gum, inhalers, etc.). If clients prefer to use a spray/mist, they will need to arrange their own supply.
- The use of eCigarettes will not be permitted.
- When clients request admission to residential withdrawal services at Curran Place, they will be advised by Intake services and workers of the smoking policy.
- We encourage anyone planning to undertake residential withdrawal to discuss nicotine replacement (or options for smoking cessation) with their doctor.

### **What this means for visitors:**

- Visitors to Curran Place will be asked to put their cigarettes out off site (see *map*).

### **Resources:**

Quitline – 13 7848

QUIT – <http://www.quit.org.au/>

ReGen's Smoking Policy is available upon request (*ask a staff member*)

If you have any questions please contact the North & West Metro AOD Service Intake on:

**1800 700 514** (freecall)

**Curran Place – Map of Tobacco Free Site**



**The entire Curran Place site (outlined in orange) will be tobacco free.**

**No cigarettes or other tobacco products are to be used within these boundaries on the grounds of Curran Place.**